



INDIA FIELD HOCKEY CLUB



Surrey, B.C. Canada

India Club JR Tournament, 2015 U12 Division-Hockey Rules

- 1) Follow all of the regular rules of hockey as in the FIH Rules of the Game except where specified below.
- 2) Play 8-a-side, with 7 field players and a GK wearing full GK protection (*i.e. no option to play 8 players without a GK or to play 7 players and a kicking back*).
- 3) Play half-field or cross field in either a 60 x 50 meter area, or in a 70 x 55 meter area, depending on local turf markings.
- 4) No intentional *aerial* balls except for shots on net that is scooped or flicked safely. No hits on net to be intentionally raised. Unintentionally raised balls shall be judged solely on danger.
- 5) Emphasis on safety such that high sticks (over shoulder height) with any other player within playing distance should not be allowed.
- 6) No tackles from behind.
- 7) No back hand hits (*toma-hawk hits*) allowed.
- 8) The long corner will be taken on the 23 meters line and in line with where ball crossed the back line. (*The ball may not be played directly into the circle until it has traveled 5 meters or been touched by another player*).
- 9) Free hits can be taken from the point of infringement, even if that is within five meters of the circle (the dotted line). (*However, ball must travel five meters, or be touched by another player before it can enter the circle*).
- 10) Stick may not be used above the shoulder level except by a defender to deflect a high shot on net.
- 11) Umpires should call **dangerous play** whenever a field player goes to ground and continues to try to play the ball while on the ground, within playing distance of other players.
- 12) Parents, coaches and spectators who make negative comments to the umpire during the game shall be asked to leave the park.
- 13) All spectators must remain outside the gated area, only coaches, managers, trainers and players are allowed inside the gated area.

Further, we should encourage umpires to talk, teach, and explain. We should encourage them to let the unintentional feet and back-sticks kinds of things go whenever possible - but to abandon that position and make the call when an advantage is unfairly gained or lost.