



# INDIA FIELD HOCKEY CLUB



Surrey, B.C. Canada

## *Covid-19 Safety Plan*

India Field Hockey Club have overseen a risk measurement and are prepared to start competitive games in the cohort formats on the weekend of October 17th/18th, 2020. All IFHC participants must comply with all Vancouver Men's Field Hockey League, Field Hockey BC guidelines.

Please see links below:

**<http://www.vancouvermensfieldhockey.com/leagues/downloads.cfm?leagueID=20811&clientID=5415>**

**<https://fieldhockeybc.com/wp-content/uploads/2020/09/2020-Second-Stage-Responsible-Return-to-Play-Framework-Field-Hockey-BC-COVID-19-Response-September-29-2020-Updated-and-Approved.pdf>**

## **Facility Access**

1. All changerooms will be closed, washroom will be accessible in emergency situations only.
2. Only players, coaches, manager, first aid attendants, trainers and safety officers are allowed participation.
3. The benches and technical areas will be open but two meter social distancing is mandatory at all times at the team benches. A maximum of 3 non playing members allowed.
4. Players should not arrive at the parking lot sooner than 30 minutes before the scheduled start time.
5. All participants will wait until the field has been vacated by the previous group before entering the field of play. Participants will enter the field of play at the north gate closest to the parking lot after the entire previous group has left the field. By the end of their time slot, all participants must immediately leave the facility. Participants will exit the field of play at the south gate furthest from the parking lot.

## **Facility Operations**

Volunteers are coaches, managers, umpires, safety officers, first aid attendant, trainers, IFHC executive. Volunteers must read and abide by the following:

### **Safety Officers**

- a. Each team must provide a safety officer for every game.
- b. All safety officers must wear a highly visible vest or jacket so they are easily recognized.

### **Safety Officer Responsibilities:**

1. Ensure every participant reads both pages of the VMFHL Participant Attestation Form and signs the 2nd page before the game.
2. Send an electronic copy of the signed and complete attestation form to the league administrator within 24 hours of the game.
3. Ensure that physical distancing of 2 meters is maintained at all times except when on the field.
4. Report any suspected or confirmed cases of COVID-19 to the League Administrator and City of Surrey.

### **Participants**

Reminder to all participants: You should not participate or come to the field if:

- You don't feel well or are displaying symptoms of COVID-19
- Someone in your household has COVID-19 or is showing symptoms of COVID-19
- You have traveled outside of Canada within the last 14 days and are required by the federal government to quarantine for 14 days.
- Participants are subject to removal from games/fields should they fail to abide by the above three outlined documents.

## **Programming**

1. Equipment- players should bring their own equipment for their own personal use such as filled water bottles, towels, change of clothes, field hockey sticks, gloves, mouth guards, shin pads, stick bags, bags.
2. First Aid Attendants/Trainers: Before attending to an injured individual or player a mask and disposable gloves must be put on.
3. Physical distancing (keeping 2 meters or greater): At all times, all participants are responsible for following a physical distancing requirement of at least 2 meters in all areas and at all times outside of the playing pitch white line perimeter. This includes but is not limited to facility entry and exit points, the parking lot, the use of team and technical benches, and the extended field perimeter (outside of the white line playing pitch perimeter).

## **Sport Cohorts**

Each cohort will be comprised of 4 teams. Each division will be comprised of 1, 2 or 3 cohorts of 4 teams (4, 8 or 12 teams per division) Cohort sizes are different from maximum group sizes. When members of the cohort are gathering for a game, gatherings may not exceed 50 people (by Public Health Officer Order). IFHC is restricting each team to 18 players, 1 coach/manager, 1 safety officer and 1 first aid attendant/trainer (total 21 people at a game from one team). The total 21 people restriction per team. Teams can have player rosters larger than 18 players, but can only have 18 players at any game. Cohort changes (or players switching cohorts) will be implemented with a 14 day break between games. All participants should limit the number of sport cohorts to which they belong in order to reduce the number of people they are interacting with. Players are restricted to playing in only one cohort at this time.

## Emergency Response

### Outbreak Plan

- Participants: If a suspected case, confirmed case or outbreak (2 or more cases) of coronavirus is reported and that person has been at a game in the last 2 weeks, it should be immediately reported to the team's coach or safety officer.
- If a coach or safety officer receives a report of a case or outbreak of coronavirus it should be reported to the League Administrators and City of Surrey.
- IFHC will liaise with the local health authorities, report to the parks boards where games had been played and follow the local health authorities' instructions.
- If the VMFHL is contacted by a medical health officer (or delegate) at any local health authority they will cooperate with the local health authority